

Episode 023

Interview: Balancing Ministry And Personal Life with Ps. Gordon Moore

Introduction

Ps. Gordon Moore was the founding and Senior Pastor of C3 Lighthouse church in north Brisbane. Lighthouse is a multi-ethnic, multi-site mega-church. Ps. Gordon was also appointed as C3 Australia National Leader for a decade then part of the C3 Global leadership in the following decade. He is now the Emeritus Pastor of C3 Lighthouse and a C3 Global Agent, functioning as an itinerant minister.

In this interview we learn from Ps. Gordon's experience as a father of 4, with 14 grandchildren and 1 great grandchild. He shared personal insights from his nearly 5 decades of ministry involvement.

Key points from the interview:

What were some of the challenges in balancing ministry and personal life? (1:14)

- Besides God being number 1 priority, the need to work out priorities with ministry, marriage and family.
- The need to put enough attention to marriage and family.
- Not putting inappropriate pressure on pastors children.
- Be strategic as a family and strategic as a church not to overload our people (11:17).

How to be practically strategic in balancing ministry and personal life? (11:50)

- Recognise the stage in life we are in (12:04)
- The benefits of family times together
- Need to wisely juggle managing family activities vs church activities





How do you balance for yourself, your mental health, physical health?
(25:44)

1. Annual check up (26:43)
2. Keep fit (28:39)
3. Look after your heart and mind (29:51)
4. 2 biggest killers: Lack of repentance & forgiveness (30:16)
5. Keep reading, thinking and doing things (31:16)
6. Have good positive hobbies (31:27)
7. Have good friends that make you laugh (32:39)
8. Have good friends that challenge, stimulate (32:53)



Discussion Questions

These questions could be done personally or as part of a group discussion.

1. What stood out about Ps. Gordon's journey of juggling his ministry and family life demands? What spoke to you specifically? Why?
2. What are some aspects that spoke to you from the tips that Ps. Gordon gave on personal care? Why?

Actionable Steps

Following questions are to prompt us on suitable actions. Importantly, come up with steps you will take to make progress. Give them datelines and priority.

1. Identify 1 or 2 key principles and approaches that you could implement in balancing your ministry and family life. What are some specific steps that you can take to make those changes?
2. Identify 1 or 2 key principles and approaches that you could implement to have a healthier and more sustainable lifestyle. What are some specific steps that you can take to make those changes?





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