

## Episode 024

# War Room (Being Prayerful Series)

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## Introduction

Life is a daily battle. In the war room, we seek God's help to deliver us from the enemy who wants to make us feel depleted and failed. In the previous lesson, we interceded for God's protection to keep us from failing when we are being tested. Jesus Christ has guaranteed us victory at the cross, yet we need to continue to wage spiritual warfare against every ploy of the enemy.

2 Corinthians 10:3–5 (NIV) For though we live in the world, we do not wage war as the world does. The weapons we fight with are not the weapons of the world. On the contrary, they have divine power to demolish strongholds. We demolish arguments and every pretension that sets itself up against the knowledge of God, and we take captive every thought to make it obedient to Christ.

1 Peter 5:8 (NIV) Be self-controlled and alert. Your enemy the devil prowls around like a roaring lion looking for someone to devour.

Prayer and intercession are the spiritual keys to battle against the enemy.

### How Do We Wage Warfare as Believers?

#### 1. Put on the whole armour of God

We can be made strong in God by putting on the entire armour of God. Prayer and intercession are the spiritual weapons God has granted to us!

Ephesians 6:10–12 (NIV) Finally, be strong in the Lord and in his mighty power. Put on the full armor of God so that you can take your stand against the devil's schemes. For our struggle is not against flesh and blood, but against the rulers, against the authorities, against the powers of this dark world and against the spiritual forces of evil in the heavenly realms.



Pray in the Spirit. God can take the weakest part of us and make us strong when we put on the armour of God. Our sinful nature is at war against us. God's guidance is needed to keep our needs and desires in check and in proper balance. As you put on each piece of the spiritual armour each day, declare that your armour is in place.

Psalm 91:2 (NIV) I will say of the LORD, "He is my refuge and my fortress, my God, in whom I trust."

Isaiah 59:19 (NKJV) So shall they fear the name of the LORD from the west, and His glory from the rising of the sun; When the enemy comes in like a flood, the Spirit of the LORD will lift up a standard against him.

We can trust God to protect our lives and loved ones from harm as we put on God's armour and declare His covering over us, trusting in Him completely.

## 2. Bind and demolish strongholds

2 Corinthians 4:3–4 (NIV) And even if our gospel is veiled, it is veiled to those who are perishing. The god of this age has blinded the minds of unbelievers, so that they cannot see the light of the gospel of the glory of Christ, who is the image of God.

Strongholds can be belief systems, harmful attitudes and thought patterns, ingrained heart conditions, etc., that cloud and hold people captive. Strongholds can cripple people spiritually.

Strongholds blind people to the bondage they are in and the freedom they could have in Christ if those strongholds are demolished. We are to pray and intercede to bind the powers of darkness from spiritually blinding people to God's truth. There is authority in the Name of Jesus! Standing upon God's Word, His solid foundation, we have authority in Christ to bind the enemy's work.

Matthew 18:18 (NIV) "I tell you the truth, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven."



### 3. Remember that victory is ours through Christ

Romans 8:37 (NIV) No, in all these things we are more than conquerors through him who loved us.

We have victory through Jesus. Learn to fight in God for your life and your loved ones! Do not let fear creep into your life!

James 4:7–8 (NIV) Submit yourselves, then, to God. Resist the devil, and he will flee from you. Come near to God and he will come near to you. Wash your hands, you sinners, and purify your hearts, you double-minded.

Let's not doubt what God can do when we rely on Him in prayer against the enemy's wicked plots.

Romans 8:31 (NIV) If God is for us, who can be against us?

If God is on your side, no one and nothing can ultimately prevail against you. This is a precious promise of God, offering divine assurance and strength for all believers—especially in the heat of spiritual battle.

### 4. Keep resisting the devil, God's way

To be set free from demonic bondages, we need to resist the enemy through prayer, intercession, and proclaiming God's Word—by first submitting ourselves to Christ.

Matthew 12:29–30 (NIV) “Or again, how can anyone enter a strong man's house and carry off his possessions unless he first ties up the strong man? Then he can rob his house. “He who is not with me is against me, and he who does not gather with me scatters.”

1 John 3:8–9 (NIV) He who does what is sinful is of the devil, because the devil has been sinning from the beginning. The reason the Son of God appeared was to destroy the devil's work. 9 No one who is born of God will continue to sin, because God's seed remains in him; he cannot go on sinning, because he has been born of God.

Jesus came to tear down the power and influence of sin in our lives. Therefore, let's not allow sin and evil to overtake us. Allow the Lord to build His Kingdom in us as we pray and intercede daily in the war room!



## Discussion Questions

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These questions could be done personally or as part of a group discussion.

1. As you listen to this podcast, what is one aspect of warfare that the Lord is reminding you of in waging a strong and effective warfare in His way?
2. As you are reminded of putting on the whole armour of God, which part of the armour do you need to put more emphasis on in this phase of your life?





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